

- Joshua Schreiner
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Education

Oregon State University

Fall 2020 – Spring 2024

- Graduating with a BS in Nutrition June 15, 2024.

Chemeketa Community College

Graduated 2020

- Associate (AAOT) degree in general studies.

Volunteer Experience

University of Oregon Football Program

May 14, 2022 - September 1, 2022

- **Managed and Maintained Fueling Station:**
 - Ensured meticulous organization and constant stock of the fueling station.
 - Took precise orders from players and promptly restocked inventory.
 - Maintained a tidy and efficient workspace.
- **Nutrition Support:**
 - Prepared customized smoothies, catering to individual player preferences and dietary requirements.
 - Managed the timely preparation and delivery of post-workout shakes, aligning with strict schedules.
- **Supplement Management:**
 - Prepared and organized vitamins and supplements, adhering to specific player regimens.
 - Ensured compliance with dietary restrictions, guaranteeing the proper intake of supplements.

Head Basketball Coach - Livingstone Adventist Academy

October 2020 - February 2021

- **Travel Coordination:**
 - Successfully organized and led team travel arrangements for games, ensuring a smooth and efficient process.
- **Practice and Game Leadership:**
 - Conducted and led regular team practices, focusing on skill development, strategy, and team cohesion.
 - Strategically managed and coached the team during games, demonstrating adaptability and effective decision-making.

Professional Experience

Health Enthusiast - The Vitamin Shoppe

August 2022 – January 2024

Full-Time/Part-Time

- **Customer Service and Advice:**
 - Delivered exceptional customer service by providing personalized advice based on in-depth knowledge of health products.

- Offered fact-based suggestions to customers, ensuring their individual needs and goals were addressed effectively.
- **Operations:**
 - Conducted solo operations, taking on the responsibilities of acting manager, including handling financial transactions, filling paperwork, and ensuring smooth day-to-day operations.
- **Training and Development:**
 - Participated in weekly training sessions to stay informed about new products, industry trends, and best practices.
 - Utilized gained knowledge to educate both customers and colleagues, fostering a knowledgeable and informed team.

Skills

- Meal Planning
- Health Promotion
- Collaborative Approach
- Effective Communication
- Adherence to Ethical Standards
- Continuous Learning
- Data Entry
- Cultural Competency

Certifications

- Food handlers license

References

Available upon request.